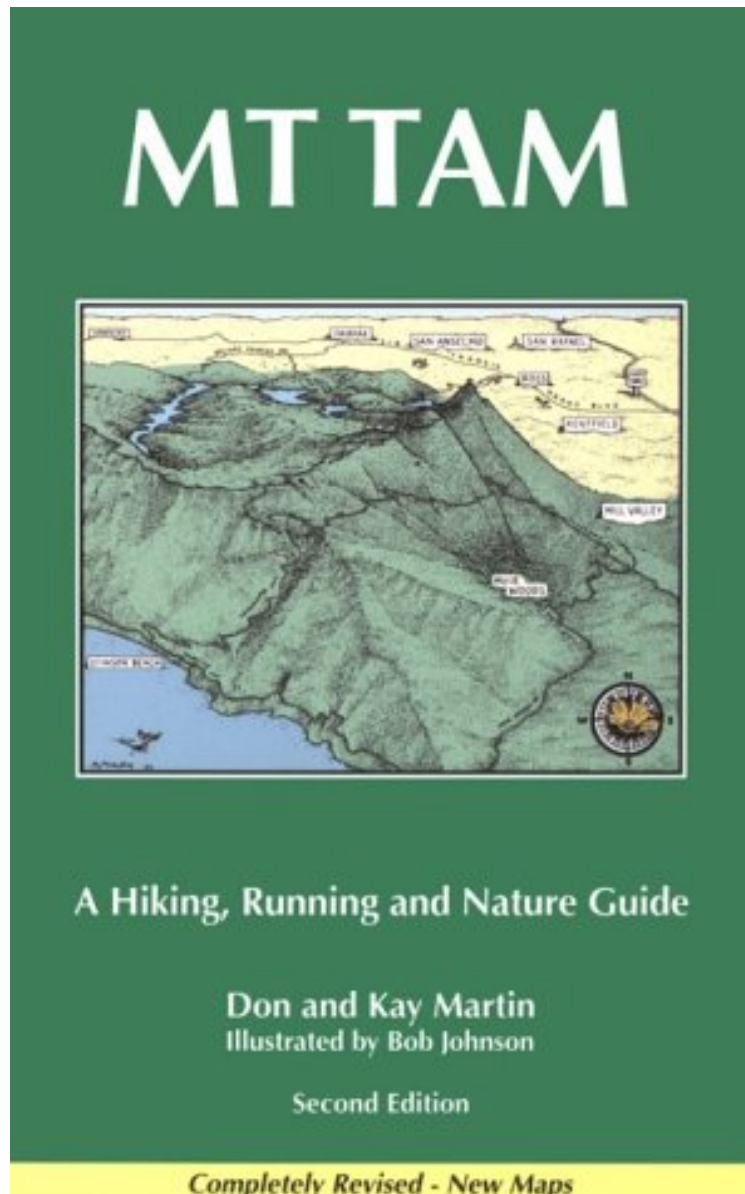


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Mt. Tam: A Hiking, Running, and Nature Guide

Don Martin, Kay Martin

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Don Martin, Kay Martin : Mt. Tam: A Hiking, Running, and Nature Guide before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mt. Tam: A Hiking, Running, and Nature Guide:

0 of 0 people found the following review helpful. Must-have for Mt. Tam Lovers By Customer I've run most of the trails on Mt. Tam and this book is a great way to learn more about the things I see or maybe miss. I would give this book 5 stars but I would love to see an updated version with color photos and maps. This book is a must-have for people who

love Mt. Tam. 0 of 1 people found the following review helpful. Excellent book By Steven Stoff Lots of information packed into this book. Not flashy, but very thoughtfully put together. It would be hard to find it all from other sources. Some trails have been closed since publication, but basically it's still 98% right. 0 of 0 people found the following review helpful. Exploring Mount Tam... By HMS Warspite Mount Tamalpais (Mt. Tam for short) dominates the skyline of the North Bay, across the Golden Gate from San Francisco. Its mountainsides are covered with trails, on the north in the Marin Water District with its string of lakes, and on the south with Muir Woods and the north end of the Marin Headlands. It is an exceptional recreational opportunity for hikers, runners, and bikers. This guide shows the way. "Mt Tam" documents the many trails around the mountain, which circle the mountain's girth and go up and down its sides. The guide describes 37 different trails, plus some hikes that combine trails. Each trail entry describes the route and condition, and provides a graphic representation of the route. The appendices offer some additional nice to know facts about the geology, human and natural history of the mountain. This particular edition is a little dated, but the trails seem not to have changed that much over the years. Recommended.

Book by Martin, Don, Martin, Kay