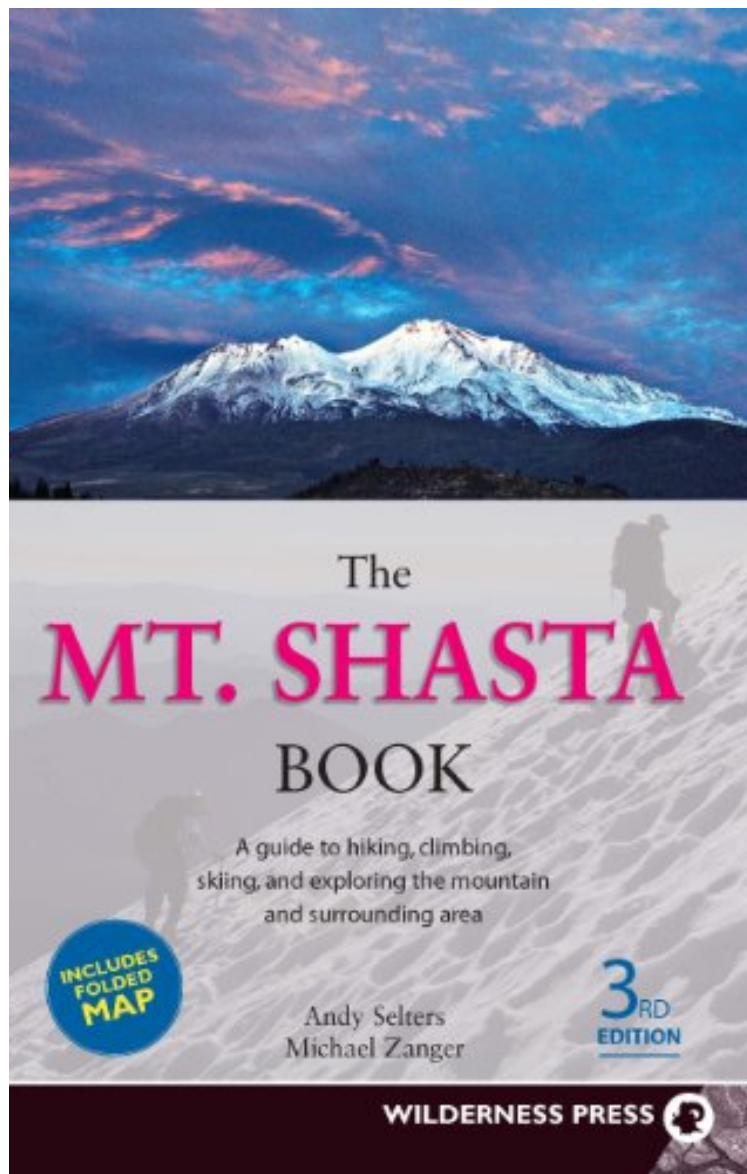


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The Mt. Shasta Book is the ultimate guide to safely the hiking, backpacking, and climbing routes up the 14,162-foot mountain. In addition, this guide covers the areas skiing, snowboarding, water activities, and mountain biking trails. With over 50 combined years of experience as Shasta guides, the authors are seasoned experts on the mountain and its surroundings.Comes with a fold-out 4-color topographic map.

About the AuthorAndy Selters started his climbing career on Mt. Shasta, and he has gone on to guide and climb all over the world, from Alaska to Yosemite, British Columbia to Bolivia, and Washington to Nepal. He has written a variety of other books on hiking and mountaineering and its history. Currently he lives in Bishop, California. California native Michael Zanger has been hooked on the mountains ever since a family trip to Yosemite at the age of five. He founded Shasta Mountain Guides in the mid-1970s, and has lived at the foot of Mt. Shasta for nearly 40 years. In addition to Mt. Shasta, Michael has participated in climbs and expeditions in North and South America, Europe, Africa, and Asia. He is also the author of the book on the history of Mt. Shasta, Mt. Shasta: History, Legend, and Lore.