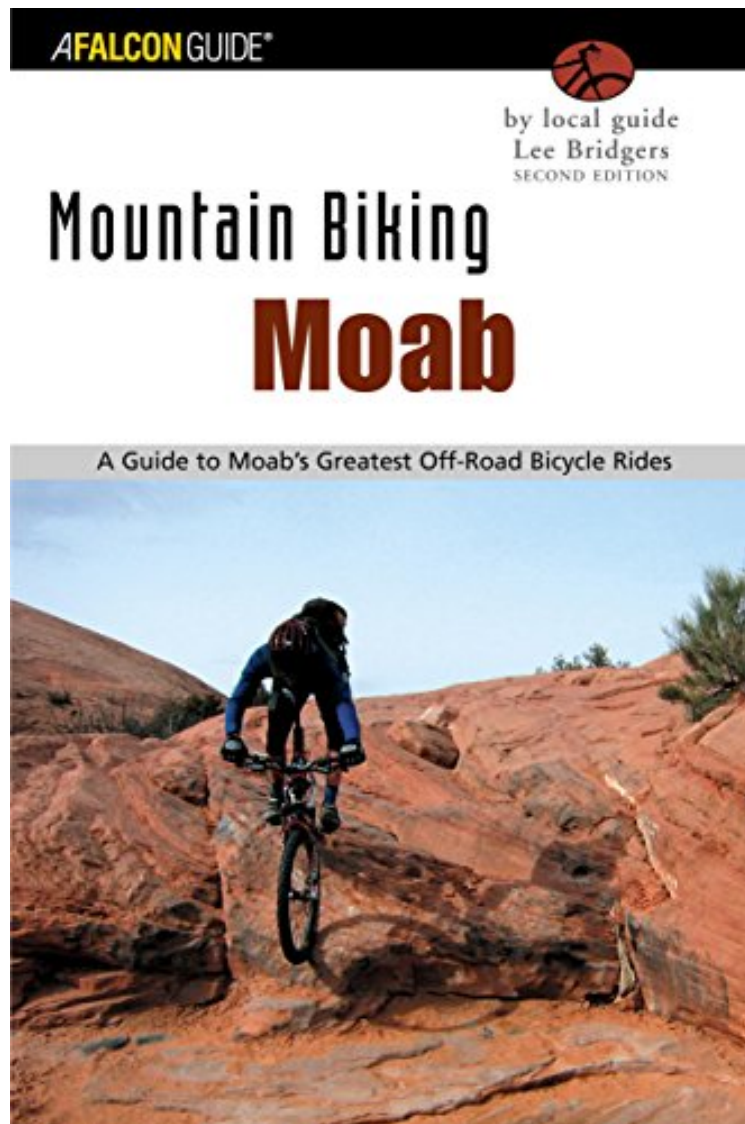


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Mountain Biking Moab: A Guide To Moab's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series)

Lee Bridgers

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#793586 in Books Globe Pequot Press 2003-11-01 Original language: English PDF # 1 9.42 x .80 x 6.321, 1.16 #File Name: 0762728000400 pages Author: Lee Bridgers ISBN: 9780762728008 | File size: 17.Mb

Lee Bridgers : Mountain Biking Moab: A Guide To Moab's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mountain Biking Moab: A Guide To Moab's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series):

0 of 0 people found the following review helpful. ... able to get to Moab but the book seems like it will be helpful when I get there. By Customer Haven't been able to get to Moab but the book seems like it will be helpful when I get there. 1 of 1 people found the following review helpful. Entertaining read. By THBLDRI found Lee Bridges book very entertaining. He breaks the area down into regions and gives detailed descriptions of his favorite rides in each of the five regions. Interspersed with the trail descriptions are his own stories about the town of Moab and the people who reside there. It is not a comprehensive trail guide and is not meant to be. The trails are always changing. One can get a trail map for a few dollars at any bike shop in town. However, the trail maps will not be nearly as entertaining as this book. 0 of 0 people found the following review helpful. ... in and around Moab but this book gives some great descriptions of the basic trail system and also a ... By David C Johnson new trails are always being added in and around Moab but this book gives some great descriptions of the basic trail system and also a lot of great history and insight. I would recommend it to get the local authors input on the details for the area you want to ride

We flock to it in droves to pay homage to what many consider the North Shore, the Mount Everest, the Vatican, the Taj Mahal, the Empire State Building, the Marilyn Monroe of mountain biking -- Moab, Utah. But mind you, Moab is not for everyone. Nowhere is the terrain more challenging or more dangerous. Nowhere is the penalty stiffer for screwing up. But if mountain bikers don't ride Moab, they will forever dream of what could have been. Moab is simply the best mountain bike destination on earth. No question. No controversy. No ifs, ands, or buts. It gets under your skin. Come here once, and you will come again and again. From this book mountain bikers can expect exhaustive and comprehensive trail descriptions, from beginner to advanced, GPS-quality, digitally designed relief maps detailing each ride, and accurate profiles maps showing the ups and downs of each route. In addition, detailed directions get cyclists to the ride without getting them lost. Detailed mile-by-mile directional cues are also provided with difficulty ratings, elevation gain, trail contacts, and much more.

.com Moab is a mecca for mountain bikers, who come from around the world to ride its challenging trails. Whether you're a newcomer to the area or a frequent fat-tire flier, Mountain Bike America: Moab is a great addition to your fanny pack. Local cyclist Lee Bridgers blends his passion for mountain biking with his obvious love of Moab, describing 49 rides ranging from easy (Old Moab Highway, Dalton Wells) to "very difficult to abusive" (Porcupine Rim). Each starts with an overview--where to start, how far the ride is, how long you can expect it to take, warnings, environmental concerns, and how to get there--before launching into a detailed description of what you'll experience along the way, be it slick rock, deep sand, dinosaur tracks, or rusted mining equipment. Bridgers is careful to point out places where cyclists should use caution, encouraging less experienced riders to dismount--"if you are pushing a mountain bike, you are still mountain biking. Live to ride tomorrow." Detailed maps will help you plan your days--especially the cross-sections of each ride's ups and downs. Throughout the book, Bridgers emphasizes the need to protect the environment--"as mountain bikers we had better learn to co-exist with nature or else we'll lose the privileges to enjoy it from the saddle"--and offers up stories from his experiences as one of Moab's leading bike tour guides. Special sections on safety (carry more water than you think you'll need), bike selection and repair, Moab-necessary techniques (sand riding, dealing with flies), and area food, lodging, and services make this a useful all-around resource. --Sunny Delaney From Library Journal These two guidebooks are part of Globe Pequot's extensive new series on mountain bike trails throughout the United States, all written by local mountain bikers familiar with the turf. Of these two, D'Antonio's Philadelphia is perhaps more representative of the series as a whole, which also includes guides on Boston, Colorado, Washington, New Hampshire/Maine, Indiana, Ohio, Virginia, Oregon, Vermont, and Washington, DC/Baltimore. D'Antonio is a knowledgeable guide and a skilled writer who provides the reader with a solid account of the 44 trails from Philadelphia and the surrounding states of Pennsylvania, New Jersey, Delaware, and even Maryland. He gives basic specs on how to get to each trail, how long the ride is, how difficult it is, and who else uses the trail. Each description features a narrative overview of the trail, with background information as well as a trail map, an elevation map, milepost-by-milepost directions, and ample black-and-white photographs. In addition, contacts are given for local information, organizations, events, accommodations, and food. The Moab guide includes the same features but takes a more gonzo, extreme tack that probably befits the exhilarating nature of what might be the ultimate challenge in bike trails. Bridgers, owner and operator of Dreamride Mountain Bike Tours in Moab, UT, includes a lot of local color beyond the trails, elaborating on the notable characters, history, and scenery of the canyonlands area. He also injects more of his life and opinions into the work than the reader may want to know. Nevertheless, the guide as a whole is exceedingly thorough and its subject spectacular. All libraries will want to buy at least the trail guides local to their regions. Larger libraries may want to consider purchasing the entire series. DJohn Maxymuk, Rutgers Univ. Lib., Camden, NJ Copyright 2000 Reed Business Information, Inc. "Local cyclist Lee Bridgers blends his passion for mountain biking with his obvious love of Moab, emphasizing safety and the need to protect the environment--while having the ride of your life." -- Sunny Delaney, Sports Outdoors Editor, .com "There are trail guides, and then there's the real deal. This 400-page guide written by Moab local Lee Bridgers is a labor of love filled with local lore and sage observations about wildlife, geology, and the environment. Trail descriptions are top-notch.

Don't leave Moab on a bike without it."--Marc Sani, Editor in Chief, Bike Magazine "Mountain Biking Moab is setting a new standard for guidebooks. Lee Bridgers' first-hand accounts give the reader a sense that they have some behind-the-scenes information about Moab."--Brian Fiske, Senior Editor of Mountain Bike Magazine