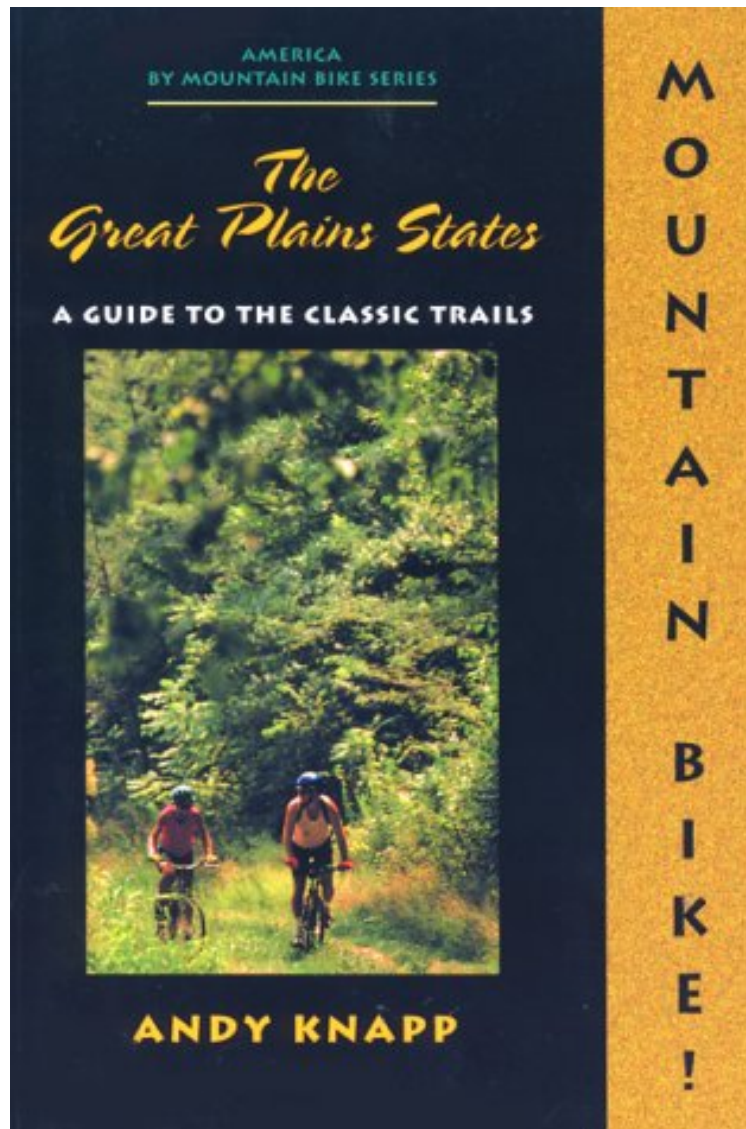


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## Mountain Bike! The Great Plains States

Andy Knapp

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**Andy Knapp : Mountain Bike! The Great Plains States** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mountain Bike! The Great Plains States:

0 of 0 people found the following review helpful. sunloverBy mother of three This book is very out of date. We did try several of the rides in the Mount Rushmore/Custer State Park area and trails would dead end on roads with no way back when they should have continued on across the road. etc., Waste of money!

Even though the summers can be swelteringly hot and the winters bitter cold, the natural beauty of the Great Plains

states is awesome. In a region where the terrain varies from picturesque wooded bluffs to arid semi-desert, it pays to have the inside scoop on mountain biking. Mountain Bike! The Great Plains States will introduce you to the excitement of exploring America's breadbasket and help you discover its most unforgettable rides. This guide provides detailed information on 90 of the best rides in Iowa, Kansas, Nebraska, South Dakota, and North Dakota, including routes in the Kansas prairies, Iowa's Mississippi River Valley, the Black Hills, and the Badlands of the Dakotas. From leisurely rides along wooded creeks to challenging single-track descending into gorgeous canyons, if it's good riding, it's profiled here. Each route profile features a thorough ride description, a detailed trail map, helpful sources of information, proximity of important services, valuable commentary on elevation changes and possible hazards and a rescue index. This guide also features interesting and entertaining photographs, vivid descriptions of the native flora and fauna, a glossary of mountain biking terms, and tips on mountain biking etiquette.

From the Back Cover Even though the summers can be swelteringly hot and the winters bitter cold, the natural beauty of the Great Plains states is awesome. In a region where the terrain varies from picturesque wooded bluffs to arid semi-desert, it pays to have the inside scoop on mountain biking. Mountain Bike! The Great Plains States will introduce you to the excitement of exploring America's breadbasket and help you discover its most unforgettable rides. This guide provides detailed information on 90 of the best rides in Iowa, Kansas, Nebraska, South Dakota, and North Dakota, including routes in the Kansas prairies, Iowa's Mississippi River Valley, the Black Hills, and the Badlands of the Dakotas. From leisurely rides along wooded creeks to challenging single-track descending into gorgeous canyons, if it's good riding, it's profiled here. Each route profile features a thorough ride description, a detailed trail map, helpful sources of information, proximity of important services, valuable commentary on elevation changes and possible hazards and a rescue index. This guide also features interesting and entertaining photographs, vivid descriptions of the native flora and fauna, a glossary of mountain biking terms, and tips on mountain biking etiquette. (6 x 9, 382 pages, maps, bw photos)