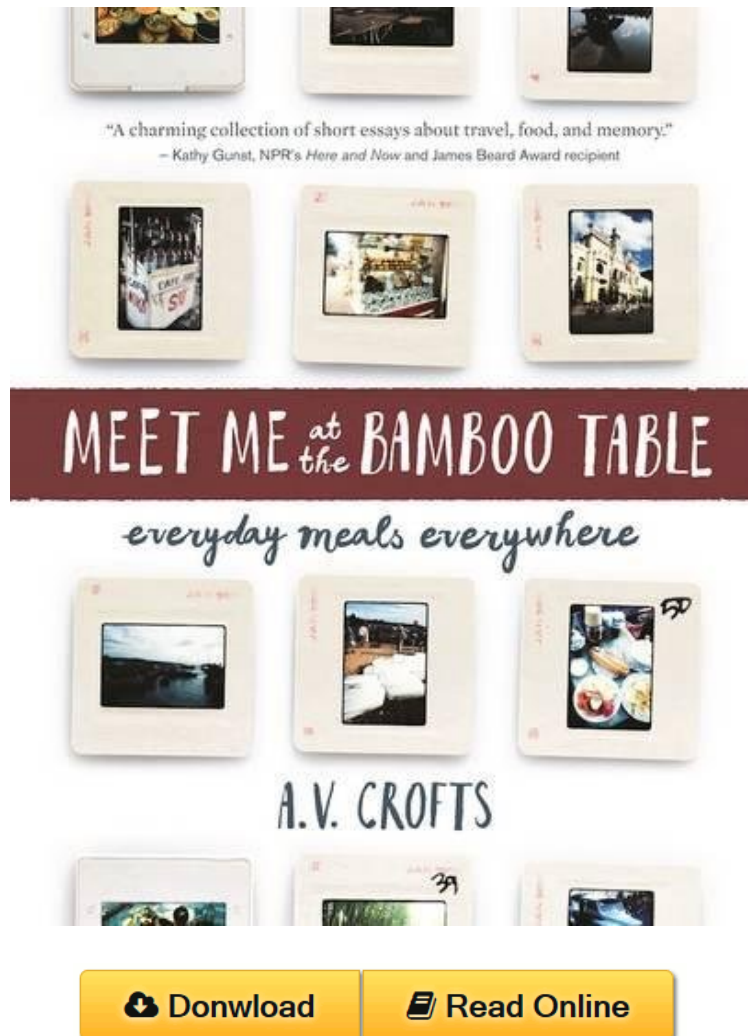


Meet Me at the Bamboo Table: Everyday Meals Everywhere

A.V. Crofts

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#1244670 in Books 2016-10-04Original language:EnglishPDF # 1 7.90 x .80 x 6.40l, .0 #File Name: 1634059603216 pages | File size: 52.Mb

A.V. Crofts : Meet Me at the Bamboo Table: Everyday Meals Everywhere before purchasing it in order to gage whether or not it would be worth my time, and all praised Meet Me at the Bamboo Table: Everyday Meals Everywhere:

1 of 1 people found the following review helpful. A treat of a bookBy Jules Danger FoxA great read if you're on vacation so you to remind you to go experience life to the fullest and get some really good food.A great read if you're NOT on vacation to remind you to go on vacation and go explore the world, live life to the fullest and get some really good food.1 of 1 people found the following review helpful. This book is warm and satisfying!By Space ShopperIt's been a month since I read this, and I keep referring back to it when I think about meals with people, past, present and future! It's about people, culture and gatherings. I love the bite size chapters, and it's irreverence to chronological time.1 of 1 people found the following review helpful. Wanderlust strikesBy JazSat down and read this book in one sitting. Loved it! It really got my wanderlust going again.

In our ever-more-globalized world, how better to connect than with food, and who better to connect us than a

chowhound communications professor? A.V. Crofts has spent decades eating (and learning) her way around the world. She's studied in China, taught in Italy, and conducted humanitarian communications trainings in war-torn Sudan. Here, she traces a lifetime of meals across states and continents for the ways that food ties us together. With warm, thoughtful prose, Crofts invites us to the only coffee shop in Kunming; to a home-cooked feast at a civil rights pilgrimage in Alabama; to a surprise Thanksgiving in Germany; and to her annual Lunar New Year dumpling party in Seattle. This full-color visual tour-de-force will delight foodies, armchair travelers, and anyone who's ever learned a little something from a special meal. Photos, "sketchnotes," and other ephemera from Crofts's globetrotting coalesce into a truly beautiful meditation on how food nourishes community. A.V. Crofts works at the University of Washington as a Senior Lecturer in the Department of Communication and a Clinical Instructor in the Department of Global Health. Her work has been published in *Gastronomica* and *Saveur* and on her popular blog avcrofts.com.

From the Author When I eat on the road, my meals tell a story. Foods globetrot just like people. I once convinced a cashier at the first McDonald's in Beijing to sell me thirty frozen apple pies so my friends in southwest China could experience what was a rare treat from my childhood. Lebanese falafel in the Ethiopian capital Addis Ababa. The masala-ml fusion of Chinese take-out in Mumbai. German sptzle beside bratwurst at a sauerkraut factory in Maine. Russian banter at an Uzbek restaurant in suburban Philadelphia. Meals anchor our experience of the world, wherever we are. We eat to curb hunger. We feast to mark occasions. We consume for pure sustenance. Plans hatch over food and become banked in our memory. Meals mark our lives. And, sometimes, they can change everything. A.V. Crofts Seattle, WA From the Inside Flap "When I first met Anita Verna Crofts, I knew immediately that she would be a kindred spirit, and this remarkable book solidifies that impression even more. Crofts loves to travel and has used those continuing adventures to discover more about the cuisine of each country she visits. However, like me, she realizes that food is about far more than simply filling one's stomach. It offers evidence on the origin of every nation, how it has been impacted upon by the powerful forces of trade, war and (often forced) immigration, as well as showing us the imbalance that exists between those who live in abundance and those whose concerns are "when" not "what" their next meal shall be. Meet Me At The Bamboo Table is a thought-provoking book that challenges you to consider about what's on your dinner table in a whole new light. It also makes me realize that I have a great deal more traveling to do before the good Lord calls me home." - Simon Majumdar (Author of *Fed, White, and Blue: Finding America with My Fork*, and Judge on Food Network's *Cutthroat Kitchen*) From the Back Cover "A.V. Crofts travels the world with her eyes -- and her mouth -- wide open. Her stunning essays are a joyful exploration of culture and custom, friendship and family. With Crofts as guide, we're taken on an adventure both personal and profound, a journey as delightful as it is delectable. I'd meet her at any table, anywhere." - Nancy Leson, food writer and KPLU host of *Food for Thought* "The act of breaking bread, sharing tea, toasting someone's health, or serving another person takes you out of yourself, and puts you that much closer to the rest of the world. Crofts' anecdotes tell these stories. They speak to power of food, of rituals, of honoring cultures and assimilating. They testify to what an act of love feeding another human really is." - Lisa Nakamura, Chef and owner of *Gnocchi Bar* "Meet Me at the Bamboo Table is a charming collection of short essays about travel, food, and memory. From Paris to Namibia, Estonia to Alabama, and New Zealand to Rome, this collection will make you want to book a flight and start eating." - Kathy Gunst, Resident Chef for NPR's *Here and Now*, James Beard award winning journalist, and author of *Soup Swap*