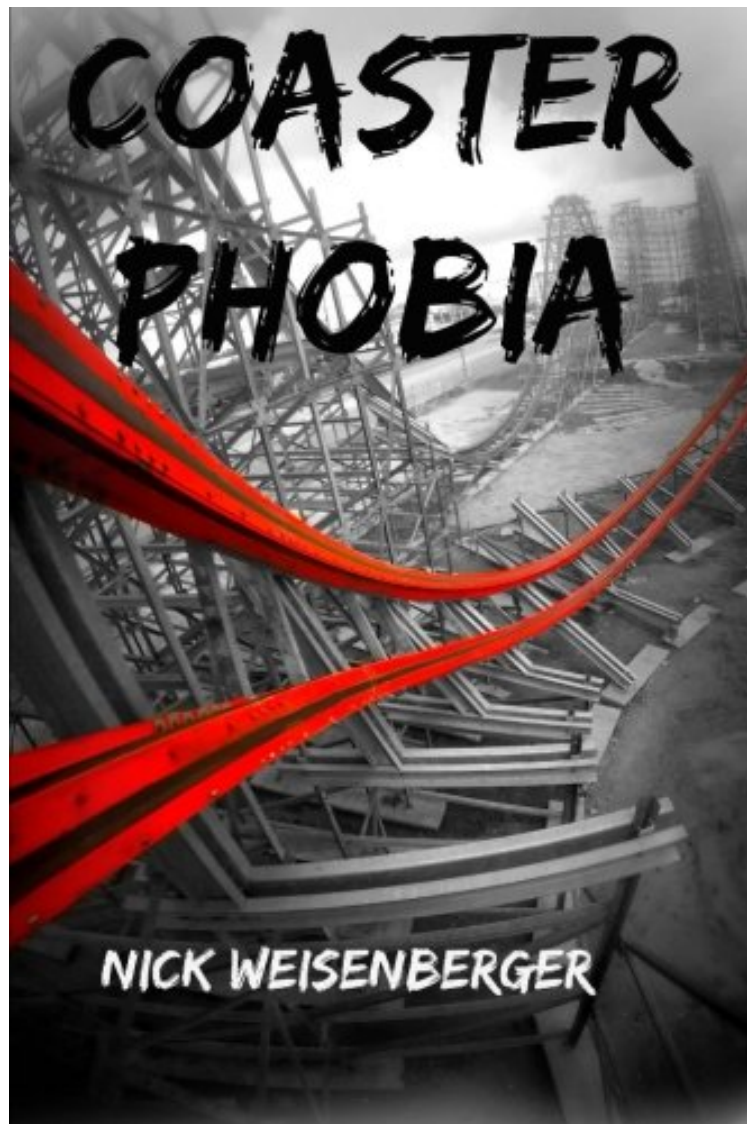


Coaster Phobia: How to Overcome Your Fear of Roller Coasters

Nick Weisenberger

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Nick Weisenberger : Coaster Phobia: How to Overcome Your Fear of Roller Coasters before purchasing it in order to gage whether or not it would be worth my time, and all praised Coaster Phobia: How to Overcome Your Fear of Roller Coasters:

Overcome your fear of roller coasters by following the tips in this book! My guess is you or someone you know has

suffered from this fear, and wants help to overcome it. I've been in the same boat. The purpose of this book is to provide an understanding of what that fear is, where it stems from, and the actions you can take to be able to ride the roller coaster of your dreams. Have you ever turned down an amazing vacation or day out with your friends because of it? Your fear of coasters could actually be something very specific or a combination of fears rolled into one. The best way to conquer any kind of fear is to face it. In order to overcome your fear, you need to understand it. In the first half of this book, we'll examine why people like to ride roller coasters in the first place while others are deathly afraid of them. Then we'll get into the tips and strategies you can use to overpower that fear and ride that awesome and thrilling roller coaster. Coaster enthusiasts strap themselves into these scream machines simply because they love being scared in a safe environment. Know that your fear is treatable, manageable, and that you can overcome it. Here Is A Preview Of What You'll Learn... Examining what about the roller coaster makes you scared How roller coasters are safer than your car Benefits of riding roller coasters How riding a roller coaster could save your life Where to sit on a roller coaster How to choose the best ride to get over your fear Much, much more! Tags: roller coasters, fear of roller coaster, coaster phobia, fear of heights, illygnophobia, emetophobia, mysophobia, vertigo, theme parks

About the Author Nick Weisenberger is the author of *Coasters 101: An Engineer's Guide to Roller Coaster Design and The 50 Most Unique Roller Coasters Ever Built*. Read more of his theme park related articles at Coaster101.com