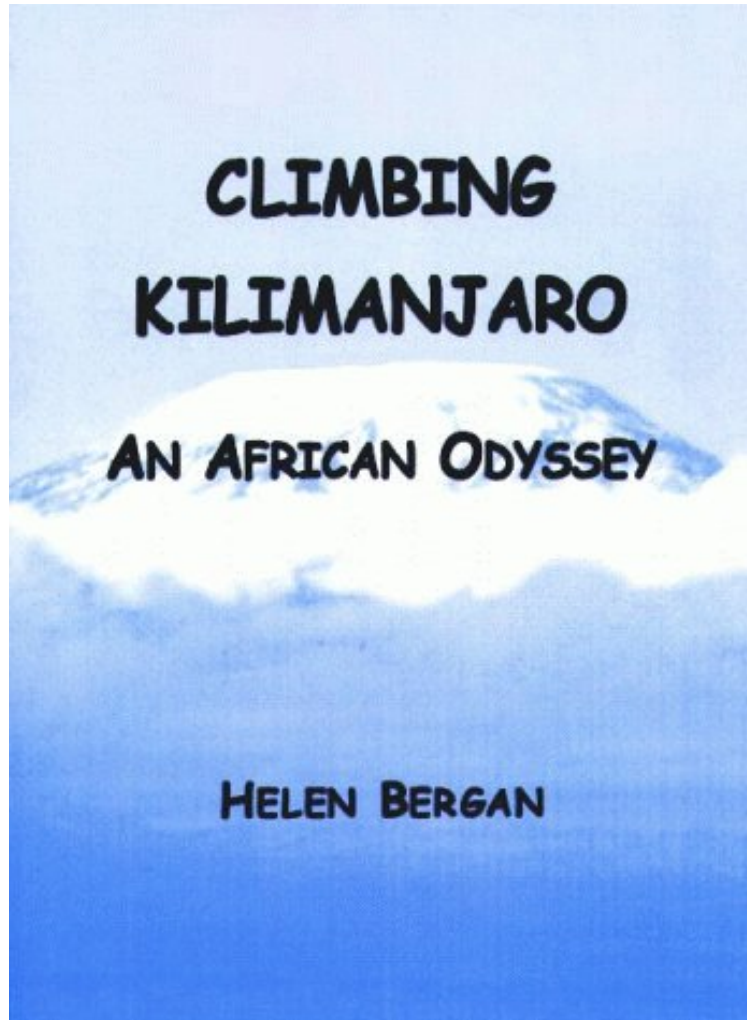


[Get free] Climbing Kilimanjaro: An African Odyssey

Climbing Kilimanjaro: An African Odyssey

Helen Bergan, Helen J. Bergan
*ebooks | Download PDF | *ePub | DOC | audiobook*



 Download

 Read Online

#6834720 in Books Bioguide Pr 1999-09-13Original language:EnglishPDF # 1 9.75 x 7.25 x .50l, #File Name: 0961527749168 pages | File size: 50.Mb

Helen Bergan, Helen J. Bergan : Climbing Kilimanjaro: An African Odyssey before purchasing it in order to gage whether or not it would be worth my time, and all praised Climbing Kilimanjaro: An African Odyssey:

The idea of traveling around Africa on crutches could be as daunting as the thought of climbing Kilimanjaro would be for most travelers. But that didn't stop Helen Bergan from setting off alone for an African odyssey in 1968. In Climbing Kilimanjaro, she invites readers to travel with her and share her adventures in nine African countries. To see a non-tourist Africa, Helen traveled by local bus and visited outdoor markets throughout the continent. Despite obstacles presented by her disability, and as a woman traveling alone, she took a Dutch freighter from Kenya to South

Africa and a Nigerian ship from Lagos to London. With an adventurous spirit and her sensitivity to Africa's history, Helen describes encounters with people she met who either lamented or applauded the changes that independence brought to Africa. In each country, she sought out authentic African food and, in this book, shares some of her favorite recipes adapted for American kitchens. Like those who climb Mt. Kilimanjaro, Helen describes the splendid view of her Africa.