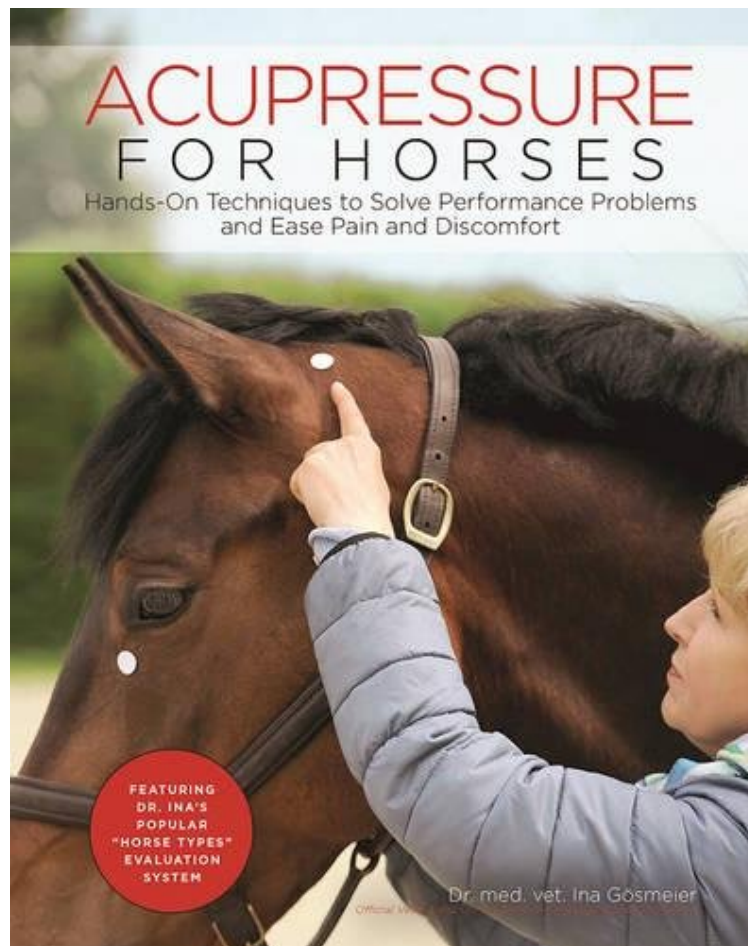


(Mobile pdf) Acupressure for Horses: Hands-On Techniques to Solve Performance Problems and Ease Pain and Discomfort

Acupressure for Horses: Hands-On Techniques to Solve Performance Problems and Ease Pain and Discomfort

Ina Gosmeier

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start. It is also well made and fairly sturdy which should help if you want to use it in the field

Now you can help your horse with simple acupressure techniques! Learn to identify your horse's individual body constitution type, which determines your choice of acupressure treatment; understand the 12 main channels of energy in your horse's body, and gain the ability to choose the correct points to treat specific issues. Relieve mild sources of pain and discomfort in your horse's body, influence his mental health and stability, and select appropriate treatment from a comprehensive list of common problems and their solutions, with step-by-step instructions and full-color photographs to help you help your horse.

One of the key players on Olympian Ingrid Klimke's team is the veterinarian Dr. Ina G#246smeier, who specializes in such methodologies as acupuncture and traditional Chinese medicine (TCM). In *Acupressure for Horses*, G#246smeier shows horse owners how to use acupressure, the non-needling form of stimulating acupuncture points, to help relieve their animals' minor aches and pains and stimulate their well-being. Beginning with explanations of the concepts of TCM and a guide to determining your horse's dominant element according to TCM principles, G#246smeier provides a step-by-step guide to this noninvasive way of helping horses feel and perform better. Ample clear color photos show the meridians, acupressure points, and techniques. *USDF Connection*, July/August 2017