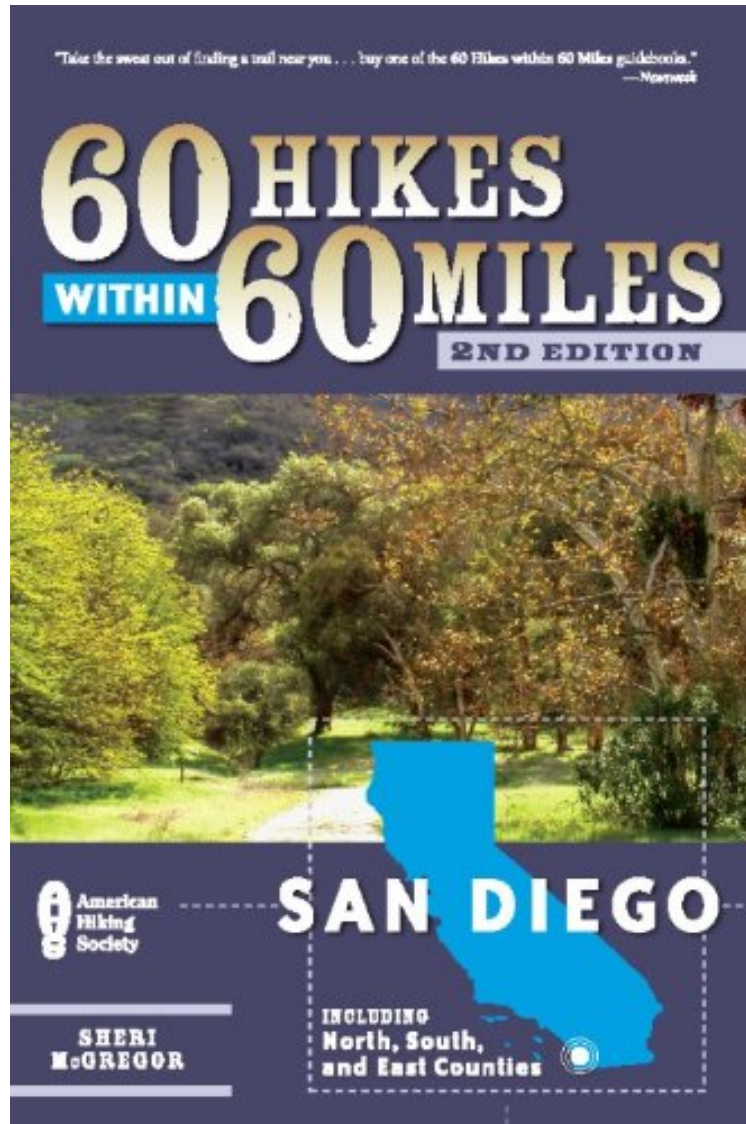


(Free read ebook) 60 Hikes Within 60 Miles: San Diego: Including North, South and East Counties

60 Hikes Within 60 Miles: San Diego: Including North, South and East Counties

Sheri McGregor

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Sheri McGregor : 60 Hikes Within 60 Miles: San Diego: Including North, South and East Counties before purchasing it in order to gage whether or not it would be worth my time, and all praised 60 Hikes Within 60 Miles: San Diego: Including North, South and East Counties:

8 of 8 people found the following review helpful. 60 tickets to ParadiseBy Fritz R. WardSo you want to visit San Diego. The Zoo and Wild Animal Park are world renowned, and of course you need to go to Sea World, Lego Land,

and a host of other attractions, all worthy, and all expensive. (I find myself visiting regularly to watch college football and basketball.) But have you thought about hiking there? San Diego County offers some wonderful undeveloped shoreline where temperatures are pleasant year round. Inland nature and recreational preserves are numerous, and growing all the time in both size and number. And within roughly an hour's drive you can reach beautiful mountains and parts of California's largest state park, the Anza Borrego Desert. All these regions are found in this 3rd edition of Sheri McGregor's *60 Hikes within 60 Miles, San Diego*. For a hiking guide to even reach multiple editions it has to be pretty good and this one is deservedly a best seller within the genre. Part of that is due to the author's commitment to outdoor recreation both as an exercise and as a source of spiritual and psychological healing. This vision of what hiking can be informs much of the book and the selections the author offers are mainly chosen with the goal of reconnecting oneself with nature, even if time constraints mean you cannot travel to far from the large urban centers within the county. Another part is attempt to make this book accessible to everyone, from the casual walker to those who favor hard core hiking adventures. Although none of the trails in this book require an overnight, some of the day hikes are quite challenging. The hikes presented at the Elven Forest Recreational Reserve, outside of Escondido, exemplify the variety of trails found in this text. (I visited the preserve before writing this review and I have hiked many of the other trails described in the third edition which appeared in previous trail guides.) The two hikes from this preserve include a moderately gentle (albeit rocky in places) one mile nature walk, and a fairly strenuous 5.6 lollipop loop with substantial elevation gain and loss. And readers will easily find just about everything in between these types of hikes. Nearly half of the hikes in this book are found in north county preserves, which isn't surprising because the relative lack of population density in the north inland region of San Diego County has left more opportunity for open space. But readers will also find a dozen hikes in the San Diego mountains where elevations reach 6,000 feet and cool pine forests offer a break from summer heat. I love all ten coastal trails described here, and particularly the ones around Torrey Pines State Reserve, arguably the most spectacular coastline in southern California. A smattering of trails from inland south county and the Anza Borrego Desert round out the book. As for the routes themselves, descriptions are detailed and often include a personal touch involving the author's experiences on that particular trail. Some of the mileages in the third edition have been slightly revised from distances listed in earlier editions of this book. Maps remain adequate and easy to follow. If I have a complaint, it is that the synopsis of information about a trail appears usually on the second page of the write up and not the first, and driving directions to the trail head appear at the end of the route description, not at the front. These cavils pretty much apply to the entire 60 Hikes in 60 miles series. But then the whole series, in one sense, limits all that San Diego offers in the way of outdoor recreation. Only 60 hikes? But if you had to narrow it down to just 60, it would hard to beat the list MacGregor offers in the third edition of this guidebook.

0 of 0 people found the following review helpful. Great book!
By MonMon16 Bought one for myself and a friend!
1 of 1 people found the following review helpful. Good choice.
By Robert R. Page I bought this for the kindle and really like it. I use it with the alltrails app on my iPhone. I am considering purchasing the paper copy of it so I can take notes.

Bounded by San Diego Bay and the Pacific coastline to the west, the Santa Rosa Mountains to the east, Mexico to the south, and the lower reaches of the Los Angeles metro area to the north, the 60-mile radius beyond San Diego creates a dramatic wedge of extraordinary natural beauty. Author Sheri McGregor shows hikers, experienced or novice, how to make the most of the many possibilities here.

...gem of a book...concise, well presented, easy to use...gives you all the directions and information you need. -- The Southwest Blend, March 2005...small enough to slip in your pocket...clear locator and trail maps...concise descriptions of length and difficulty. -- SignOnSanDiego.com, August 7, 2005 This cohesive guide is perfect for all levels of hikers...a great resource. -- Vision Magazine, March 2005 good trail descriptions, detailed trail maps, good locator maps and directions, all essential to a well-researched and written guide book. -- The San Diego Union-Tribune, January 1, 2005 From the Back Cover It's time to take a hike! Hikers, grab your boots and get outside! Using clear, concise, and illuminating narrative, *60 Hikes within 60 Miles: San Diego* eliminates doubts about where to hike and what to expect when you get there. To easily locate and assess the best hikes in and around San Diego - much has changed since the wildfires of 2003 - this guide is indispensable. Inside you will find: Best hike lists to help you choose the ideal hike; trail descriptions that allow you to assess each trail before you hike it; detailed trail maps that provide you with accurate trail information; locator maps and directions to lead you to the trailheads. The natural open spaces in and around San Diego are a prized natural resource for area hikers. Bounded by San Diego Bay and the Pacific coastline to the west, the Santa Rosa Mountains to the east, Mexico to the south, and the lower reaches of the Los Angeles metro area to the north, the 60-mile radius beyond San Diego creates a large, rich wedge of scenic, natural wealth. Whether you're an experienced hiker or a casual day hiker, *60 Hikes within 60 Miles: San Diego* is the perfect tool to explore it all.