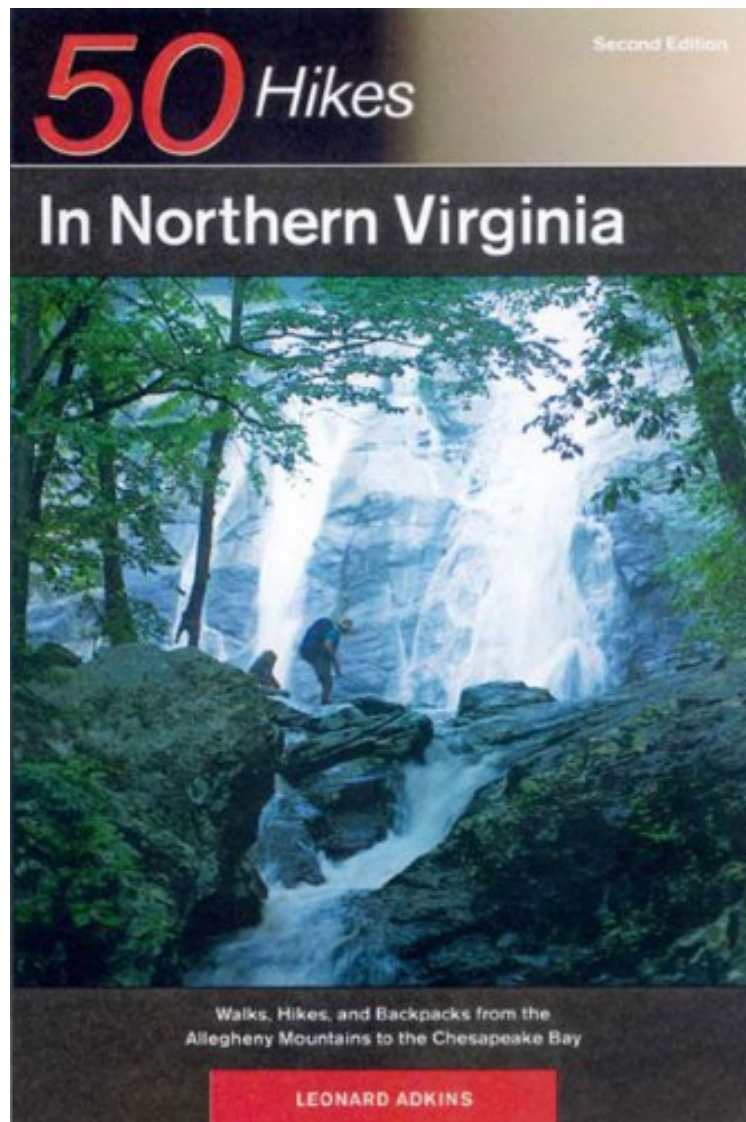


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Leonard M. Adkins, Leonard Adkins : 50 Hikes in Northern Virginia: Walks, Hikes, and Backpacks from the Alleghany Mountains to the Chesapeake Bay, Second Edition before purchasing it in order to gage whether or not it would be worth my time, and all praised 50 Hikes in Northern Virginia: Walks, Hikes, and Backpacks from the Alleghany Mountains to the Chesapeake Bay, Second Edition:

0 of 0 people found the following review helpful. Virginia Is for Hikers!By David PragerWith terrain that varies from the Allegheny Mountains to the Atlantic coastal plain, Virginia contains some of the best hiking destinations east of the Rockies. This book combined with its sequel "50 Hikes in Southern Virginia" give the best of the best hiking the Old Dominion has to offer.As the title suggests, this guide describes 50 hikes in northern Virginia, which in this authors reckoning means north of US 60. All major hiking destinations in that part of the state are given extensive treatment including the Blue Ridge Parkway, Shenandoah National Park, George Washington National Forest, and various Civil War battlefields. Length and difficulty range from a 1.8 mile stroll along the shore of Chesapeake Bay to a multi-day backpack on the Appalachian Trail. Thus, the geographical and terrain diversity ensure that everyone will find a trail here to suit their desires. The maps are copied from USGS topo maps and therefore feature good detail and contour lines. The trail descriptions frequently mix in detailed information about things you will see along the trail. Thus, these trail descriptions are some of the best I have read recently.I was hard-pressed to find any weaknesses in this guide. I would prefer that the driving directions to the trailhead be set apart from the rest of the text. As they currently stand they blend in to such an extent that you will need to have a pretty good idea where you are going before you set out for the trailhead.In summary, I slightly prefer this guide over its southern Virginia twin due to its superior trail selection. Which one you prefer will likely depend on your geographic region of interest. Buying them both will give you the best Virginia hiking guide on the market; I highly recommend you do exactly that.0 of 0 people found the following review helpful. No Hikes in NOVABy LeighABPlease note that none of these hikes are actually in northern VA.0 of 0 people found the following review helpful. 50 Hikes All Over VirginiaBy Mike BreezeThough the title of this book is a bit misleading, this hiking guide is very good at picking out easy, medium and challenging places to hike in the Old Dominion. I bought this third edition to replace an outdated first edition that I had. I also have 4 of his other books. The author has extensive hiking experience and it is evident from his descriptions that he really has hiked all of the trails in this book. He also talks about the areas in terms of history, flora and fauna, geology, etc. So I would recommend this book to anyone interested in 'busting some trail' in Virginia.

From the rugged summits of the Allegheny Mountains to the gentle shores of the Chesapeake Bay, the portion of Virginia that falls north of US 60 has some of the most varied biking terrain in the middle Atlantic states. Leonard Adkins, an experienced hiker and outdoor educator, has walked more than 360 miles of the region's most popular trails for this updated second edition. There is a hike here for everyone, regardless of experience or interest. ranging from pleasant strolls over the coastal plain to challenging, multi-day mountain backpacking trips, these trails pass overgrown breastworks from the Civil war, meander through grassy meadows, and traverse ridgelines of the Blue Ridge and Massanutten mountains. An overview chart at the beginning of the book provides information on the 50 hikes at a glance. Each hike description includes directions to the trailhead, a detailed account of the route, a topographic map, and entertaining asides on historical and natural points of interest.

Newcomers to hiking this state will find . . . good introductions to the classic hikes, and everyone will benefit from the book's detailed directions and interesting natural details. -- Outdoor TravelerAbout the AuthorLeonard Adkins is a freelance writer and lecturer on long-distance hiking. His over 14,000 miles of long-distance hiking include treks on the Appalachian, Allegheny, and Long Trails. He is the author of several other books on hiking and outdoor recreation, including The Appalachian Trail: A Visitor's Companion, and Walking the Blue Ridge: A Guide to the Trails of the Blue Ridge Parkway. He lives in Catawba, Virginia.