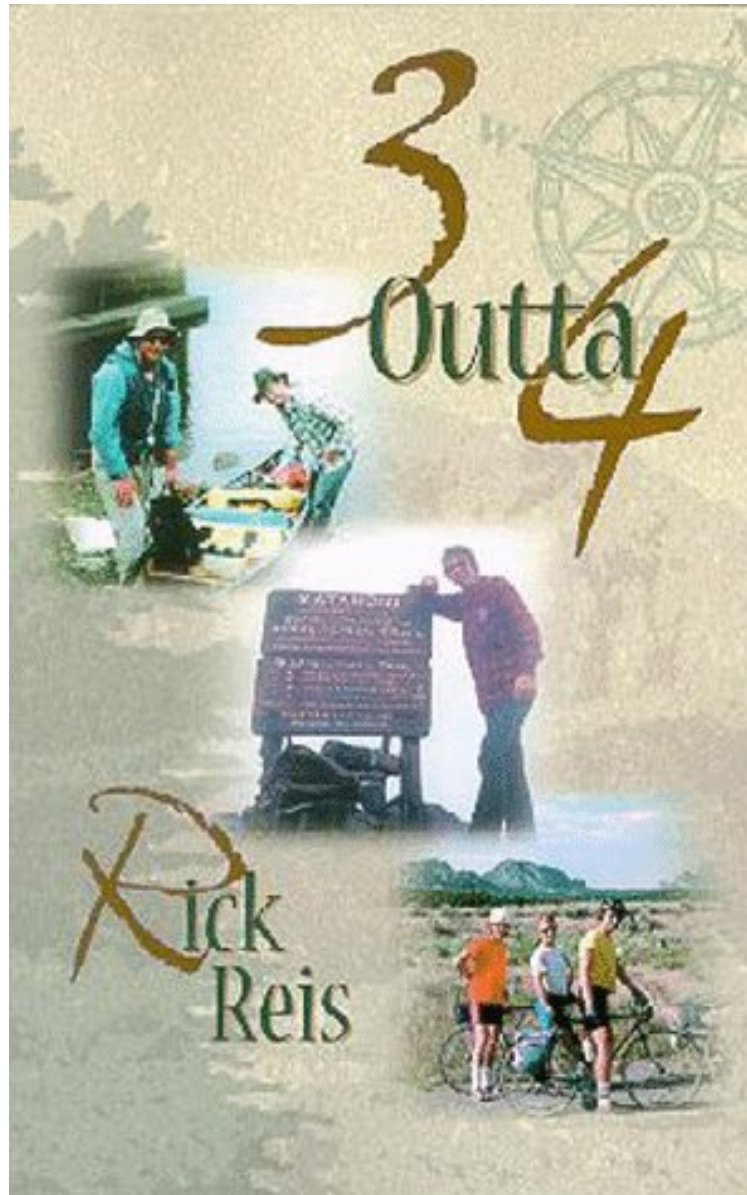


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3 Outta 4

Rick Reis, Lynn Reis
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Rick Reis, Lynn Reis : 3 Outta 4 before purchasing it in order to gauge whether or not it would be worth my time, and all praised 3 Outta 4:

0 of 0 people found the following review helpful. Five Stars By robert houghton Great book!!

After an early hiking experience, Rick started dreaming about challenging adventures for himself. 3 Outta 4 recounts

how those dreams were turned into realities over a number of years. His completed trips include hiking the Appalachian Trail, biking across the country, and canoeing down the length of the Mississippi River. One trip remains from his original list. As Rick experienced each trip, the lessons came quickly. Through a series of anecdotes, he shares some of those lessons and his experiences in a humorous manner. The book can be enjoyable for those generally interested in accomplishing goals. Hopefully, the book encourages some readers to chase their own dreams. Equipment lists, costs, and statistical summaries of the trips are included to help those interested in similar adventures.

From the Publisher This is a must read for those bold enough to face the ultimate challenge—the limits of one's self. Excerpt. Reprinted by permission. All rights reserved. Being skeptical about the elevation gain that we have just climbed, I get out the book of maps. We carry only photocopies of the relevant pages on the bikes and they have no legend on them. From the start on Interstate 10, the contour intervals repeatedly add up to 800 feet. My skepticism continues until a recheck or the legend reveals that the contour lines are meters—not feet. This works out to 2,600 feet, not 800! This is my first map with elevation measured in meters, although curiously, the road distances are all in miles. My map reading abilities now come into serious question. People line up to check over my shoulder while I plan the route for the next day. On the plus side, Jim doesn't feel nearly as bad when he finds out the true elevation of the climb. We both sleep well.