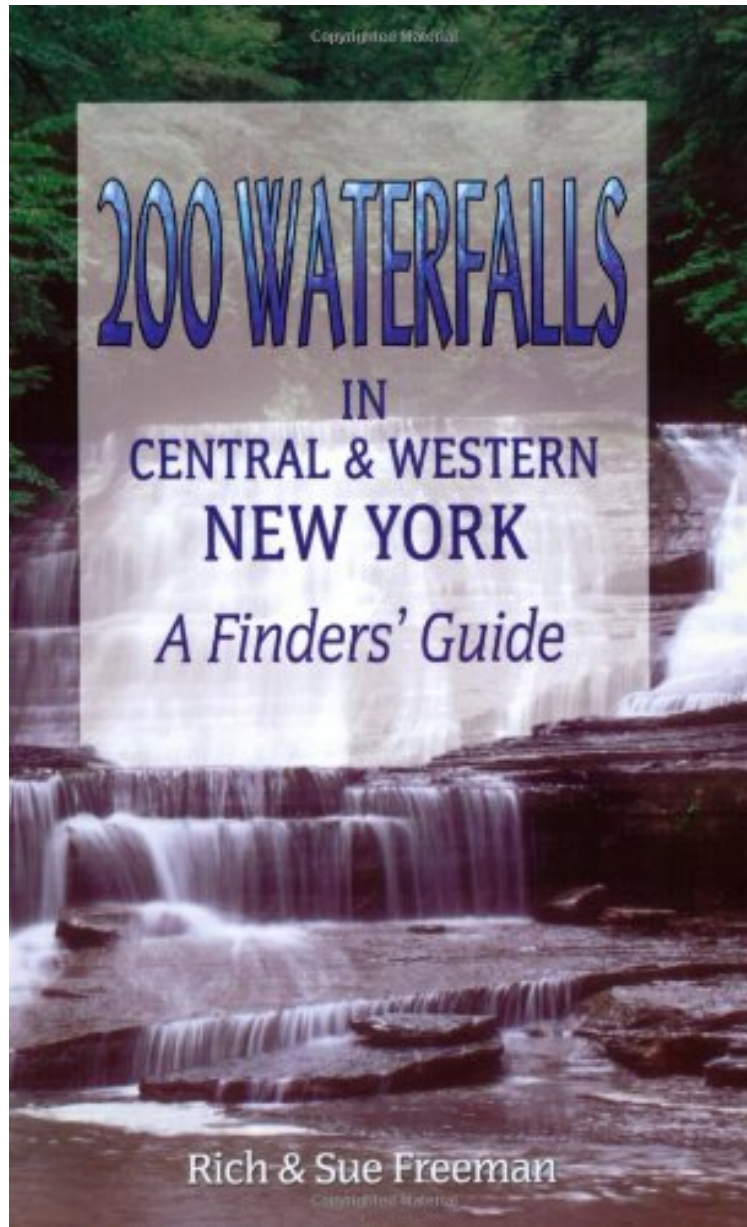


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## 200 Waterfalls in Central and Western New York - A Finders' Guide

*Rich Freeman, Sue Freeman*

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**Rich Freeman, Sue Freeman : 200 Waterfalls in Central and Western New York - A Finders' Guide** before purchasing it in order to gage whether or not it would be worth my time, and all praised 200 Waterfalls in Central and Western New York - A Finders' Guide:

1 of 1 people found the following review helpful. Fantastic Guide Book By C. Farmer I have visited maybe half of these waterfalls. It's a great guide for this area. Doesn't have everything though... still some exploring left to do. 0 of 0 people found the following review helpful. Five Stars By Keith Banister I'm excited about checking out many falls I never knew existed near me 0 of 0 people found the following review helpful. Four Stars By David Hilliard Very good but not quite as comprehensive as I thought it would be

Everyone can now enjoy the magic of waterfalls this guidebook leads the way. Reaching them can be an easy drive-by, a short walk, or a challenging hike. Spend a hot summer day getting your feet wet walking a rocky creekbed to sit in the spray of a waterfall. Return during different seasons and watch each waterfall's personality change. The adventures are almost endless. This map-filled guidebook shows: \* Where to find waterfalls \* When and where to go for best viewing \* The time effort required to reach each waterfall Why delay? Begin exploring these beautiful waterfalls today. Central and Western New York has an abundance of waterfalls awaiting your discovery.

About the Author The authors, Rich and Sue Freeman decided to make their living from what they love being outdoors. In 1996 they left corporate jobs to spend six months hiking 2,200 miles on the Appalachian Trail from Georgia to Maine. That adventure deepened their love of the outdoors and inspired them to share this love by introducing others to the joys of hiking. Since most people don't have the option (let alone the desire) to undertake a six-month trek, they decided to focus on short hikes, near home. The result was the first version of Take A Hike! Family Walks in the Rochester Area. They went on to explore hiking, bicycling, skiing, snowshoeing, and waterfaling trails throughout Central and Western New York State. This is their 8th guidebook. Rich and Sue are active members of several area trail groups. In addition, their passion for long distance hiking continues. In 1997 they thru-hiked the 500-mile long Bruce Trail in Ontario, Canada. In 1998 they bicycled across New York State, following the Erie Canalway Trail and in 1999 found them hiking a segment of the Florida Trail. In 2000 they bicycled the CO Canal Trail from Washington D.C to Cumberland, MD. In 2001 they hiked across northern Spain on the Camino de Santiago Trail and hiked a section of the International Appalachian Trail in Quebec, Canada. Their goal for 2002 is to reach the top of the 4th highest mountain in the world Kilimanjaro in Tanzania, Africa. Since beginning their new career writing and publishing books, the Freemans have pared down their living expenses and are enjoying a simpler lifestyle. They now have control of their own destiny and the freedom to head into the woods for a refreshing respite when the urge strikes. Still, their life is infinitely more cluttered than when they carried all their worldly needs on their backs for six months on the Appalachian Trail.